

**APRIL
30**

1PM TO 3PM



Abiding Truth Ministries
Catch, Cultivate and Commission Souls

**SPRING INTO
HEALTH**



FAIR

This is a free community event, designed to encourage healthy lifestyles, prevent and manage disease and connect you to resources.

EXCERISE CLASS

Free class for the whole family!

1:00pm and 2pm



HEALTH SCREENINGS AND CONSULTATION

- Blood glucose
- Blood pressure
- Resources
- FREE Giveaways
- FREE Fruits and Vegetables



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www.atmchurch.org